

## Juneau Community Resource List - Updated December 1, 2017

<b>PREGNANCY &amp; BIRTH</b>	
Caret Pregnancy Center - Faith Based	907-660-7084
Inside Passage Midwifery & Natural Medicine	463-2600
Juneau Family Health & Birth Center	586-1203
Wellspring Integrative Medical & Natural Birth Center	789-1812
<b>HEALTH &amp; WELLNESS</b>	
AK Registry of Interpreters for the Deaf	907-248-6622
Alaska's Tobacco Quit Line	1-800-784-8669
AK Breast & Cervical Health Check program	1-800-410-6266
<b>BRH</b> Bartlett Regional Hospital	796-8900
<b>BRH</b> Bartlett Regional Hospital Diabetes Program	796-8649
<b>BRH</b> Emergency Room	796-8427
<b>BRH</b> Rainforest Recovery Center	796-8690
Catholic Community Service Hospice & Home Care	463-6111
Community Mental Health Services HSS/DBH	465-3370
COMPASS Homecare-Division of Center for Community	790-3650
Cornerstone Home Care	586-6838
Denali Kid Care HSS/DPA	465-3537
family wize Prescription Drug Discount Card	800-222-2818
Fetal Alcohol Syndrome Program HSS/DBH	465-3033
Front Street Clinic for homeless persons	586-4230
<b>JAMHI</b>	463-3303
<b>JASAP</b> Juneau Alcohol Safety Action Program	463-4410
Juneau Public Health Center	465-3353
Let Every Woman Know-local support group	723-4065
<b>NAMI</b> National Alliance on Mental Illness	463-4251
Planned Parenthood Juneau Health Center	800-230-7526
<b>SEARHC</b> S.E. Alaska Regional Health Consortium	463-4000
Tongass Substance Screening	523-8402
<b>ADULT &amp; FAMILY SUPPORT SERVICES</b>	
Aiding Women in Abuse and Rape Emergencies	586-6623
Alaska Aids Assistance Association	586-6089
Alaska Brain Injury Network Inc.	888-574-2824
Alaska Center for Resource Families	790-4246
Alaska Legal Services Corporation	586-6425
AK Network on Domestic Violence & Sexual Assault	586-3650
American Red Cross of Juneau	646-5467
Best Beginnings Grandfamilies Network Project	297-3300
Cancer Connection	796-2273
Catholic Community Service	463-6100
<b>CCTHITA</b> 477 Employment & Training	463-7332
<b>CCTHITA</b> 477 TANF	463-7158
Disability Law Center of Alaska	1-800-478-1234
Gastineau Human Services Corporation	780-4338
Heating Assistance Applications DHSS/DPA	465-3058
Juneau Probation Office-Adult Offenders	465-3180
<b>Love INC</b> -food household goods, clothing	780-4090
Polaris House, Mental Health Support & Inclusion	780-6775
<b>REACH</b>	586-8228
<b>SAIL</b> Southeast Alaska Independent Living	586-4920
<b>SAIL/ORCA</b> Outdoor Rec & Community Access	586-0104
Salvation Army	586-2136
Tides LLC	877-309-2640
United Way of Southeast Alaska	463-5530

<b>ALASKA DOLWD JUNEAU JOB CENTER (JJC)</b>	
Career Support & Training Services <b>JJC</b>	465-5545
Juneau Job Center Resource Room 1st Floor	465-2952
Unemployment Insurance Claim Center-calls only	465-5552
Vocational Rehabilitation- <b>JJC</b> 3rd Floor	465-8943
<b>U.S. MILITARY VETERANS</b>	
Disabled American Veterans	1-888-376-9301
Helmets to Hardhats-construction jobs for veterans	569-4729
Juneau VA Outreach Clinic	796-4300
The American Legion	1-888-353-7574 ext 4802
Veterans of Foreign Wars of the US	1-888-353-7574 ext 4801
Vietnam Veterans Service Officer Lucy Gifford	465-4211
<b>EDUCATION &amp; TRAINING</b>	
Adult Education, College & Career Prep, ESL	586-5718
Juneau Construction Academy	586-5718
<b>SERRC-TLC</b> The Learning Connection	586-5718
TLC Family Learning Center at Gruening Park	780-6706
<b>UAS</b> University of Alaska Southeast Juneau Campus	796-6000
<b>VTRC</b> Vocational Training & Resource Center	463-7375
<b>TEENS &amp; YOUNG ADULTS</b>	
Alaska Youth Works ages 14-24 at Juneau Job Center	465-2964
<b>CCTHITA</b> Youth Employment Service ages 14-21	463-7332
Job X at <b>SERRC</b> for ages 16 - 24	586-5718
<b>JSD</b> Students & Families in Transition or Homeless	780-2060
<b>JYS</b> Juneau Youth Services, Inc.	789-4733
Planned Parenthood - Education	209-7051
Young Parent Healthy Teen Center @ Zach Gordon	463-KIDS
<b>CHILD CARE</b>	
<b>AEYC</b> Ass'n for the Education of Young Children	789-1235
Catholic Community Service Child Care Assistance	463-6184
City & Borough of Juneau Rally Program	463-1700
Tlingit Haida Head Start	463-7127
<b>SENIOR SERVICES</b>	
<b>CCS</b> Southeast Senior Services	463-6177
<b>MASST</b> Mature Alaskans Seeking Skills Training	586-5718
<b>SOA</b> HSS Juneau Pioneer Home	780-6422
The Bridge Adult Day Program	463-6171
<b>HOUSING RESOURCES</b>	
Housing Assistance Program Shari Partin	780-4475
<b>AHDC</b> - Gruening Park, Eaglewood, Ravenwood	780-6666
<b>AHFC</b> Alaska Housing Finance Corporation	586-3750
<b>AHFC</b> Cedar Park, Geneva Woods on Douglas	586-3750
<b>AHFC</b> Mountain View-895 West 12th Street	586-1420
<b>AHFC</b> Riverbend on Postal Way Mendenhall Valley	586-3750
<b>AWARE</b> Transitional Housing for Participants	586-6623
<b>Haven House</b> Transitional Housing for Women	988-7233
<b>Orca Point Apts.</b> Low Income and Adaptive	364-3130
St. Vincent de Paul Society of Southeast Alaska	789-5535
Tlingit & Haida Regional Housing Authority	780-6868
<b>CREDIT COUNSELING</b>	
Consumer Credit Counseling Service	586-2645
Money Management International	866-531-3765
<b>FEDERAL INCOME TAX ASSISTANCE</b>	
IRS Tax Assistance for Individuals	1-800-829-1040
Tax Form Management	www.mytaxform.com

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CRISIS HOTLINES	
EMERGENCY - Police - Fire - Ambulance	911
American Red Cross of Juneau Disaster Line	500-8657
AIDS Hotline	1-800-478-2437
AWARE crisis line	586-1090
Poison Control Centers Emergency	1-888-222-1222
EMERGENCY SHELTERS	
AWARE - Women and Children	586-6623
The Glory Hole - South Franklin Street	586-4159
Juneau Youth Services - Valley Office	789-4733
St. Vincent de Paul-Behind Nugget Mall	789-5535

SUICIDE PREVENTION	
Caroline Alaska's Suicide Prevention & Someone to Talk To Line	1-877-266-4357
<a href="http://carelinealaska.com/">http://carelinealaska.com/</a>	
Juneau Suicide Prevention Coalition	1-877-266-4357
<a href="http://juneausuicideprevention.org/">http://juneausuicideprevention.org/</a>	
SEARHC Crisis Helpline	1-877-294-0074
<a href="http://searhc.org/service/behavioral-health/">http://searhc.org/service/behavioral-health/</a>	
National Suicide Prevention Lifeline	1-800-273-8255
<a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>	
Veterans Crisis Line	1-800-273-8255 Press 1
<a href="https://www.veteranscrisisline.net">https://www.veteranscrisisline.net</a>	

PROVIDER NAME & LOCATION		Phone	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Instructions
<b>FOOD BANKS --- PREPARED MEALS --- SHOWERS --- LAUNDRY</b>										
<b>AGENCIES &amp; CHURCHES</b>										
Aulse Bay Bible Church	1970 Glacier Hwy	79-9318	~~~~~	9:00 A-2:00 P	9:00 A-2:00 P	9:00 A-2:00 P	9:00 A-2:00 P	9:00 A-2:00 P	~~~~~	Call First
Douglas Community United Methodist Church	1106 3rd St, Douglas	364-2408	~~~~~	~~~~~	~~~~~	2:00-5:00	~~~~~	2:00-5:00	~~~~~	Photo ID 1 bag/ month \$1.00 requested once each week
Helping Hands	Switzer Village Rec Hall	789-4390	~~~~~	12:00-4:30	~~~~~	~~~~~	~~~~~	5:30-7:00	~~~~~	once each week
Resurrection Lutheran	740 W. 10th Street	586-2380	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	Call First
Salvation Army	439 W. Willoughby Ave	586-2136	~~~~~	9:00 A-11:30A	~~~~~	~~~~~	4:00-6:30P	~~~~~	~~~~~	9:00-10:00 A dry & canned
Shepherd of the Valley	4212 Mendenhall Loop	789-4093	~~~~~	6:30-7:30 P	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	bring a bag once each week
Southeast Food Bank	10020 Crazy Horse Drive	789-6184	~~~~~	Agency Only	Agency Only	Agency Only	Agency Only	Agency Only	~~~~~	once each week
St. Brendan's Episcopal	4207 Mendenhall Loop	789-5152	~~~~~	~~~~~	~~~~~	~~~~~	4:30-7:00	~~~~~	~~~~~	Call First
St. Vincent de Paul	8617 Teal St	789-5535	extension 4	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	When funding exists, food vouchers of \$15.00 to Fred Meyers are given.
WIC-Women & Infant Children		463-4099	~~~~~	App's 8:00 A-4:30 P	Walk-In 8:30 A - 5:30 P	App's 8:00 A-4:30 P	~~~~~	~~~~~	~~~~~	ID & proof of income
SEARHC Campus	3245 Hospital Drive		~~~~~	Monday 8:00 A-4:30 P	Tuesday 8:00 A-4:30 P	Wednesday 8:00 A-4:30 P	Thursday 8:00 A-4:30 P	Friday 8:00 A-4:30 P	~~~~~	Instructions
<b>PREPARED MEALS</b>										
Glory Hole Shelter & Soup Kitchen		586-4159	Sunday Brunch 11:30 Dinner 6 PM	Monday Daily Breakfast at 8:30 AM	Tuesday Daily Lunch at Noon	Wednesday Daily Lunch at Noon	Thursday Daily Lunch at Noon	Friday Daily Dinner at 6:00 PM	Saturday Daily Dinner at 6:00 PM	Daily
247 S. Franklin St										
Meals On Wheels	895 W. 12th St	463-6179	~~~~~	Meals on Wheels is a volunteer based service providing hot, nutritious meals to qualifying home-bound seniors over 60 years of age. One meal per weekday	~~~~~	~~~~~	~~~~~	~~~~~	~~~~~	Call First
Call first to determine eligibility										
St. Brendan's Episcopal Church	4207 Mendenhall Loop	789-5152	~~~~~	~~~~~	~~~~~	~~~~~	Community Supper 6 PM	~~~~~	~~~~~	Every Thursday
<b>SHOWERS and LAUNDRY</b>										
Alaska Laundry and Dry Cleaning	1114 Glacier Ave	586-1133	Sunday 9AM-6PM	Monday 8AM-8PM	Tuesday 8AM-8PM	Wednesday 8AM-8PM	Thursday 8AM-8PM	Friday 8AM-8PM	Saturday 9AM-7PM	Must use Quarters
Glory Hole Shelter & Soup Kitchen	247 S. Franklin St	586-4159	7 AM-8 PM	7 AM-8 PM	7 AM-8 PM	7 AM-8 PM	7 AM-8 PM	7 AM-8 PM	7 AM-8 PM	Showers
Perform a chore or pay \$1.00			~~~~~	1:30 P-3:30P	1:30 P-3:30 P	1:30 P-3:30 P	1:30 P-3:30 P	1:30 P-3:30 P	~~~~~	Laundry
Coin-Op Laundry and Showers	11806 Glacier Hwy	321-5588	7 AM- 10 PM	7 AM- 10 PM	7 AM- 10 PM	7 AM- 10 PM	7 AM- 10 PM	7 AM- 10 PM	7 AM- 10 PM	
<b>Active Duty Military and UAS Students Only</b>										
UAS Recreation Center & National Guard Joint Use	12300 Mendenhall Loop Rd.	796-6544	11AM-8PM	6:30A-10 P	6:30A-10 P	6:30A-10 P	6:30A-10 P	6:30A-10 P	11AM-8PM	Open Daily
				FREE access to gymnasium for active duty military		Coast Guard \$3.00 per visit				

National Guard Closures, Holiday Adjusted Hours and Closures see <a href="http://www.uas.alaska.edu/juneau/rec/hours.html">http://www.uas.alaska.edu/juneau/rec/hours.html</a>										
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